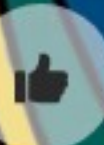




Erasmus+ KA2 2021-2024





# Schedule

Time	Duration	Content
9:30-10:00	30 min	<b>Arrivals:</b> Welcome coffee Name tags and signing the participant list
10:00-10:30	30 min	<b>Welcome and introductions:</b> Safer space principles Introducing the project and the partners Warm-up activity
10:30-11:15	45 min	<b>Seminar part 1:</b> Introduction to social inclusion Instructions for world café 1
11:15-11:30	15 min	Coffee break
11:30-12:30	1 hour	<b>World café 1:</b> Good practices from project partners
12:30-13:30	1 hour	Lunch
13:30-14:00	30 min	<b>Seminar part 2 (1/2):</b> Presentation of the innovation model Instructions for world café 2
14:00-15:00	1 hour	<b>World café 2:</b> Tools innovated by the project partners
15:00-15:15	15 min	Coffee break
15:15-16:15	1 hour	<b>Seminar part 2 (2/2):</b> Workshop: problem trees and five whys Pitching problem trees
16:15-16:45	30 min	<b>Closing:</b> Dissemination materials Final survey Feedback
16:45-17:00	15 min	Break
17:00-18:00	1 hour	<b>Facilitated networking (optional)</b>



# Content



## Part 1

- Safer space principles
- Project introduction
- Warm-ups
- Introduction to social inclusion
- Where do you stand..?
- World café: Good practices



# Content

## Part 2



- Innovation model
- World café: Tools
- Workshop: Problem tree and five whys
- Dissemination materials
- Survey and feedback

# Part 1





# Safer space principles

Safer spaces refer to inclusive environments where everyone can feel comfortable being and expressing themselves as they are.

The purpose of so-called safer space principles is to provide a tool and guidelines or policies for participants or groups to an activity or an event to support creating this kind of safer environments.



# Safer space principles

- We respect other participants.
  - Opinions, experiences, right to self-determination and personal boundaries.
- We don't tolerate discrimination, neither question or value the opinions and experiences of others.
- We avoid making assumptions and generalizations, for example, on identities.



# Safer space principles

- We give space for everyone to speak, but we do not push anyone to participate.
- We aim to use respective language, being aware that English is not the first language for many of us.
- We are open to give and receive constructive feedback.
- In case of witnessing any discrimination or harassment:
  - Contact the equality representative
  - Leave anonymous feedback



# Inclusion is On / Project introduction

- Erasmus+ Youth Partnership in 2021-2024
- Topic: Social inclusion in youth free-time activities
  - Sharing good practices and innovating new tools
- Results
  - Trainings in partner countries
  - Two surveys
  - Innovation model
  - Tool pack
  - Training model
  - Podcast series





# Partners

- Youth Academy, Finland
- Finnish Youth Association, Finland
- Radio- R, Czech Republic
- Tartu Youth Work Center, Estonia
- Federation of Children ´s and Youth Municipal Councils, Hungary
- Le Discipline, Italy
- Croatian Office for Creativity and Innovation, Croatia





# Where are we from?





## Describe your work in one sentence.

Sharing is caring

Challenging but rewarding

Care of newcomers,  
graphics, Web  
development

Developing

Leading a team of creative  
young people.

Sleeping most of the time.  
<3

My main jop is dealing with  
projects and city wide events  
related to youth

Every day is different! 😊



## Describe your work in one sentence.

Special needs education  
specialized in speech and  
language therapy 🗨️

Making youth work more  
visible for the public  
through social media

teamwork makes the  
dream work ✌️

Support the participation  
and leadership of girls at  
risk

I work with youth in every day  
bases (communicating,  
organizing, mentoring, listening  
etc)

Active citizenship  
responsibility in local  
community

Traditional youthworker in  
a small village ( Sulkava  
2300 people)

building community with  
great people



## Describe your work in one sentence.

Support community building

Project development and coordination

All-embracing

Workshopsssss :)

Supporting local groups to create events and participation especially in rural areas

Creating a space for youngsters so they can grow as a person and develop skills for life.

Planning and coordinating dialog events

Project coordinating, facilitate some group processes



## Describe your work in one sentence.

Must know everything!

I'm a special educational teacher.

Training youth leaders

Spreading love and happiness :) <3

Leading the big picture of the organisation

Helping others to feel like part of community

My youngsters are weird but they are the best

Not the work that Italy deserve, but the One that Need it



## Describe your work in one sentence.

Developing youth projects  
and other projects

requires sacrifice and  
perseverance but fulfilling  
and rewarding

I do individual counseling,  
group work and community  
interventions with young  
people.

Project coordinating,  
everyday NGO work

Finding new ways to help  
youths shine and being heard  
under their hobbies.



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#ILoveErasmusPlus

#ErasmusPlusFI

#ErasmusPlusFinland





# Think for a minute by yourself



What is the first thing that comes to your mind about equality in free-time activities?



# Word cloud



What does social inclusion  
mean to you?



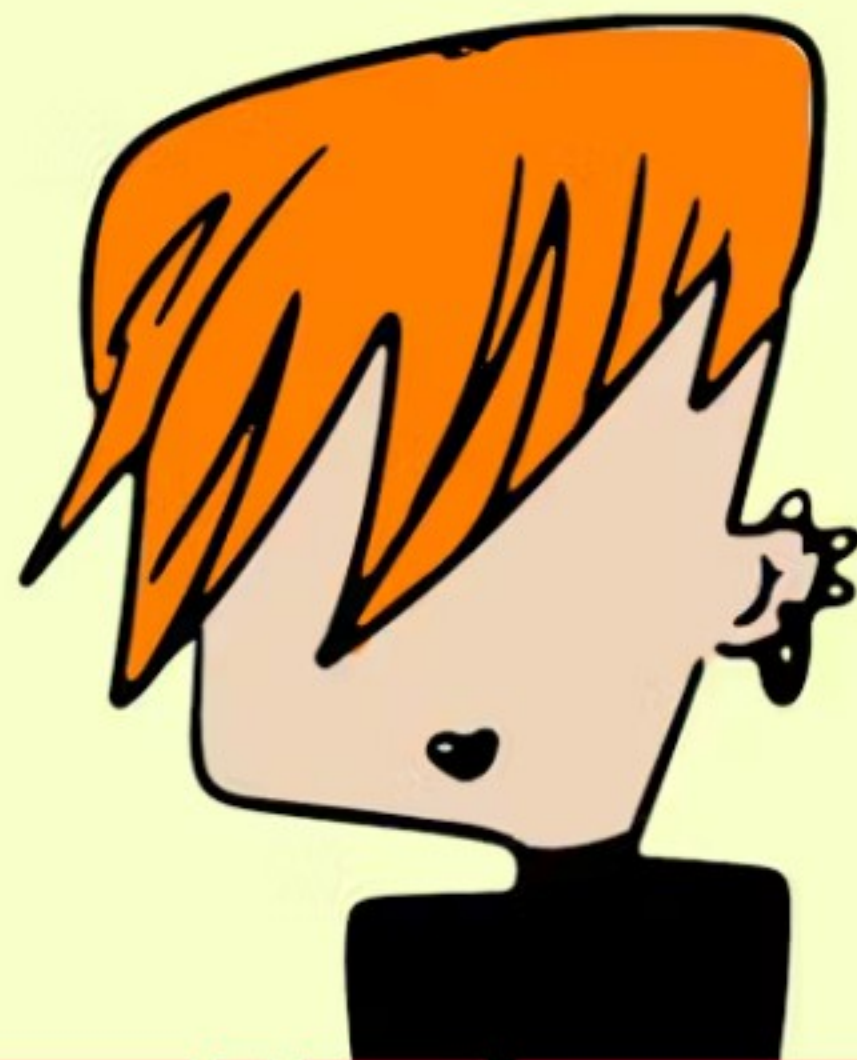




Discuss with a pair or  
in a small group

What kind of thoughts  
does the word cloud  
evoke in you?

Is there something  
that surprises you?

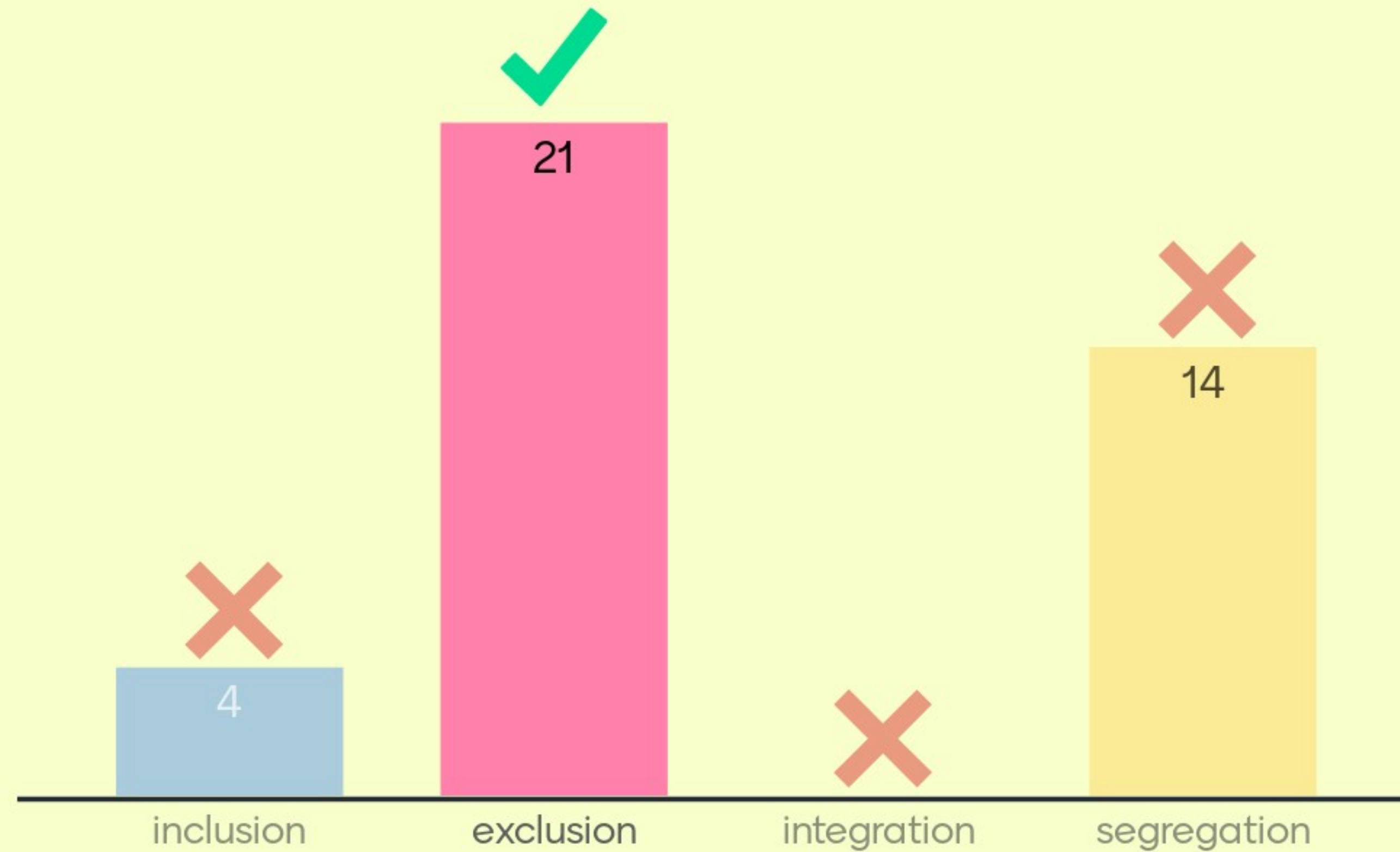






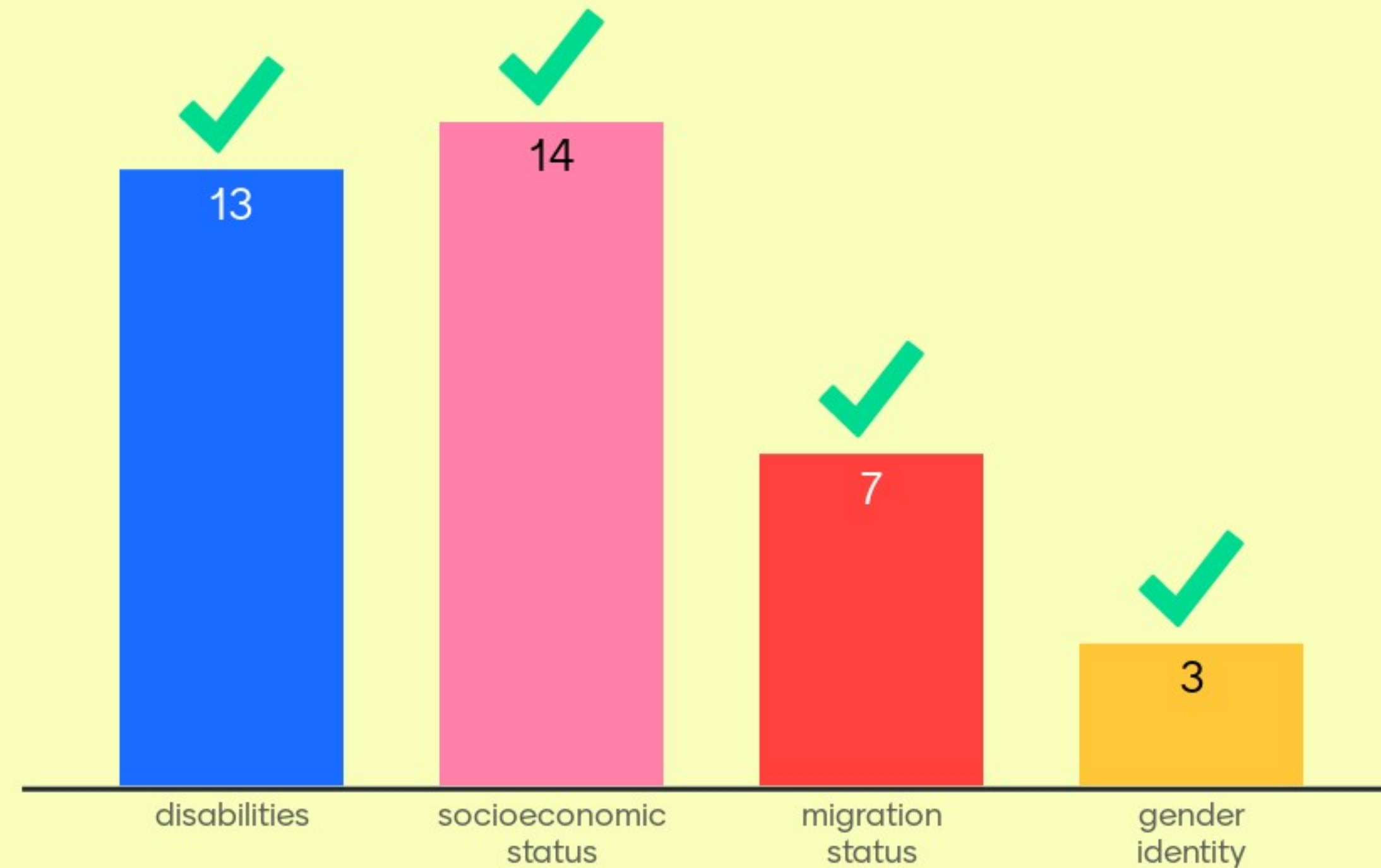


# What is the picture about?



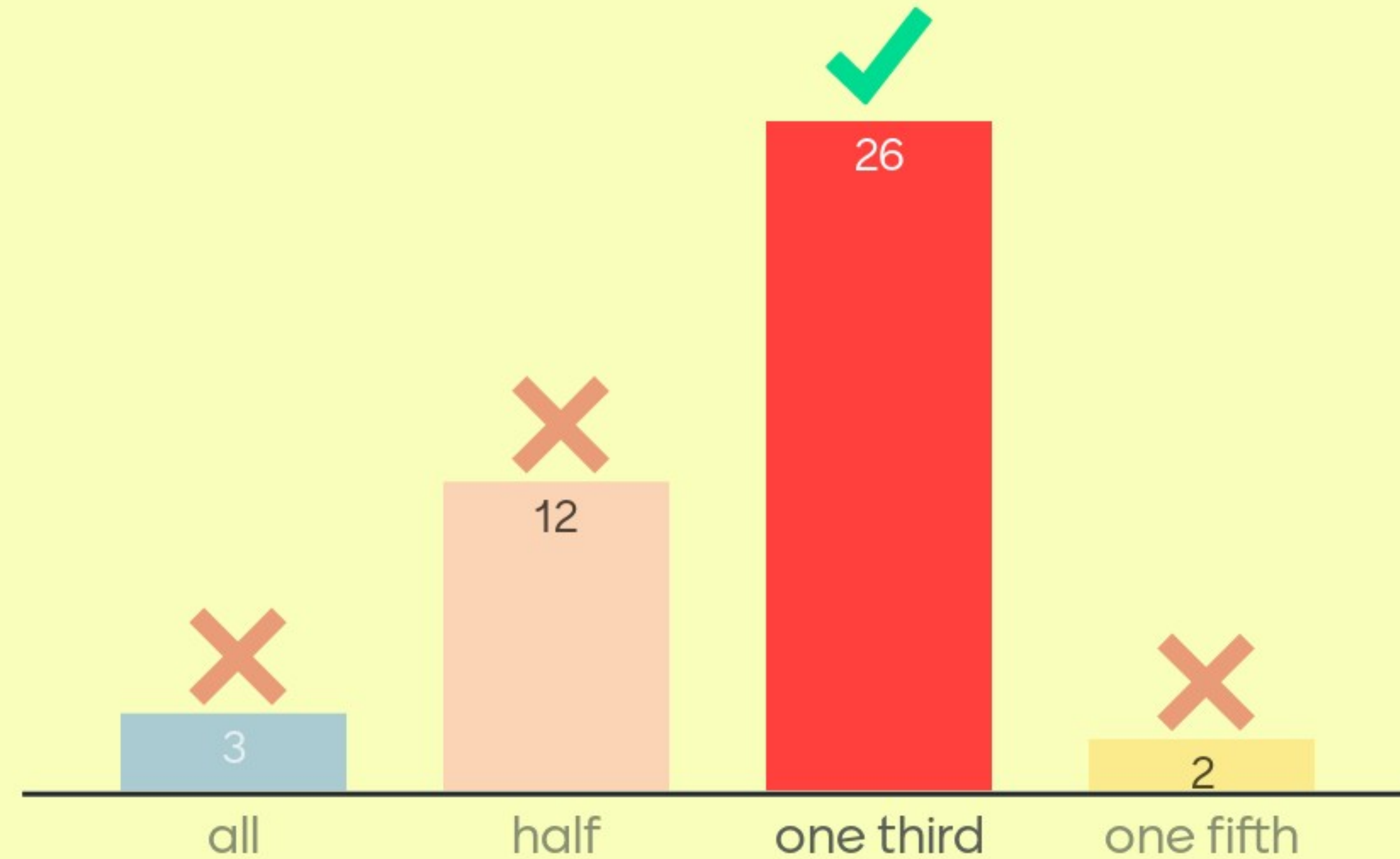


# Which of the following factors are usually connected to risk of social exclusion?



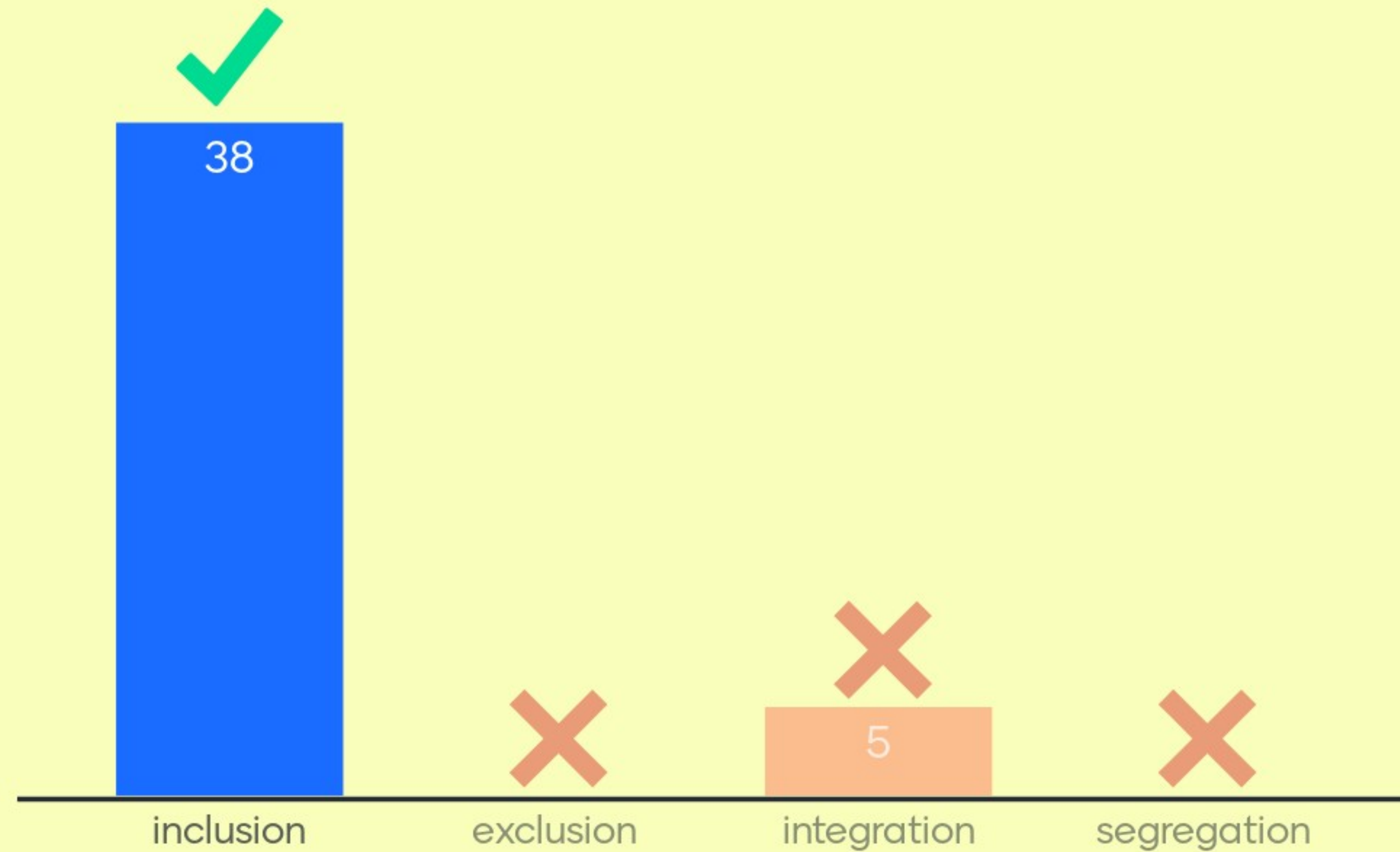


In Europe, the risk of poverty and social exclusion concerns \_\_\_ of young people.



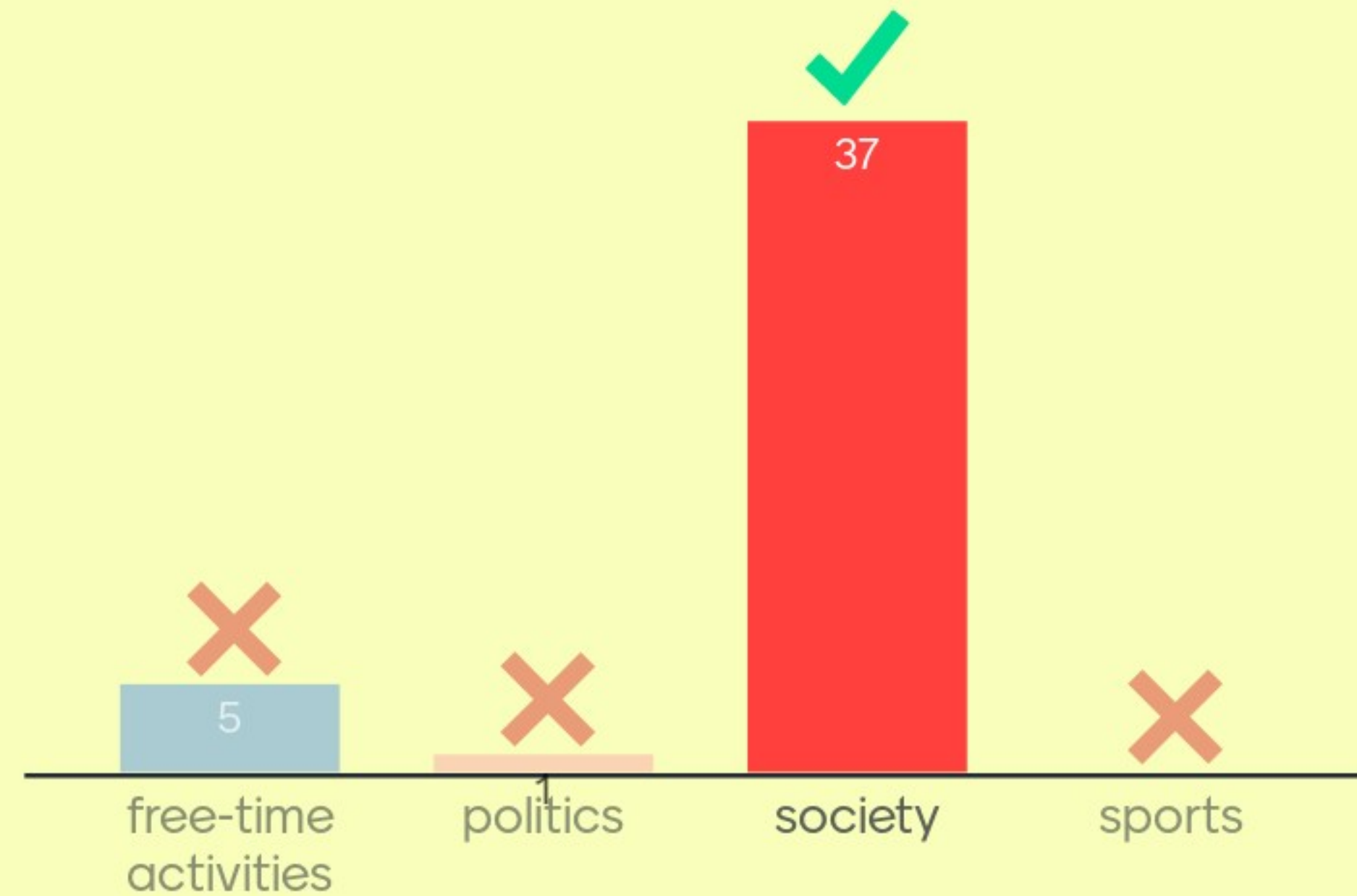


# What is the picture about?





Social inclusion is “the process of improving the terms for individuals and groups to take part in \_\_\_” (World Bank).



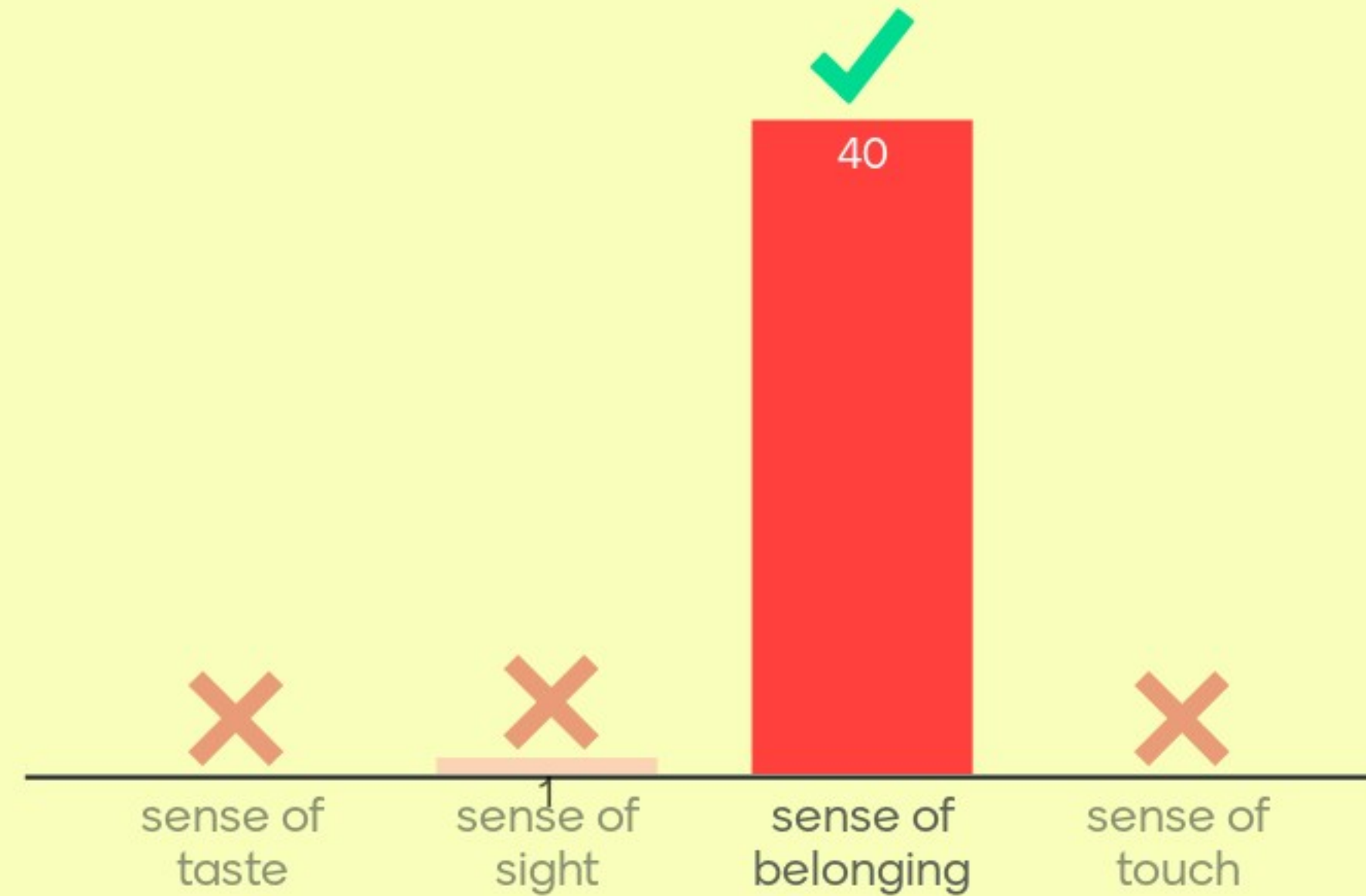


Social inclusion can, for example, be improved by shifts in \_\_\_.



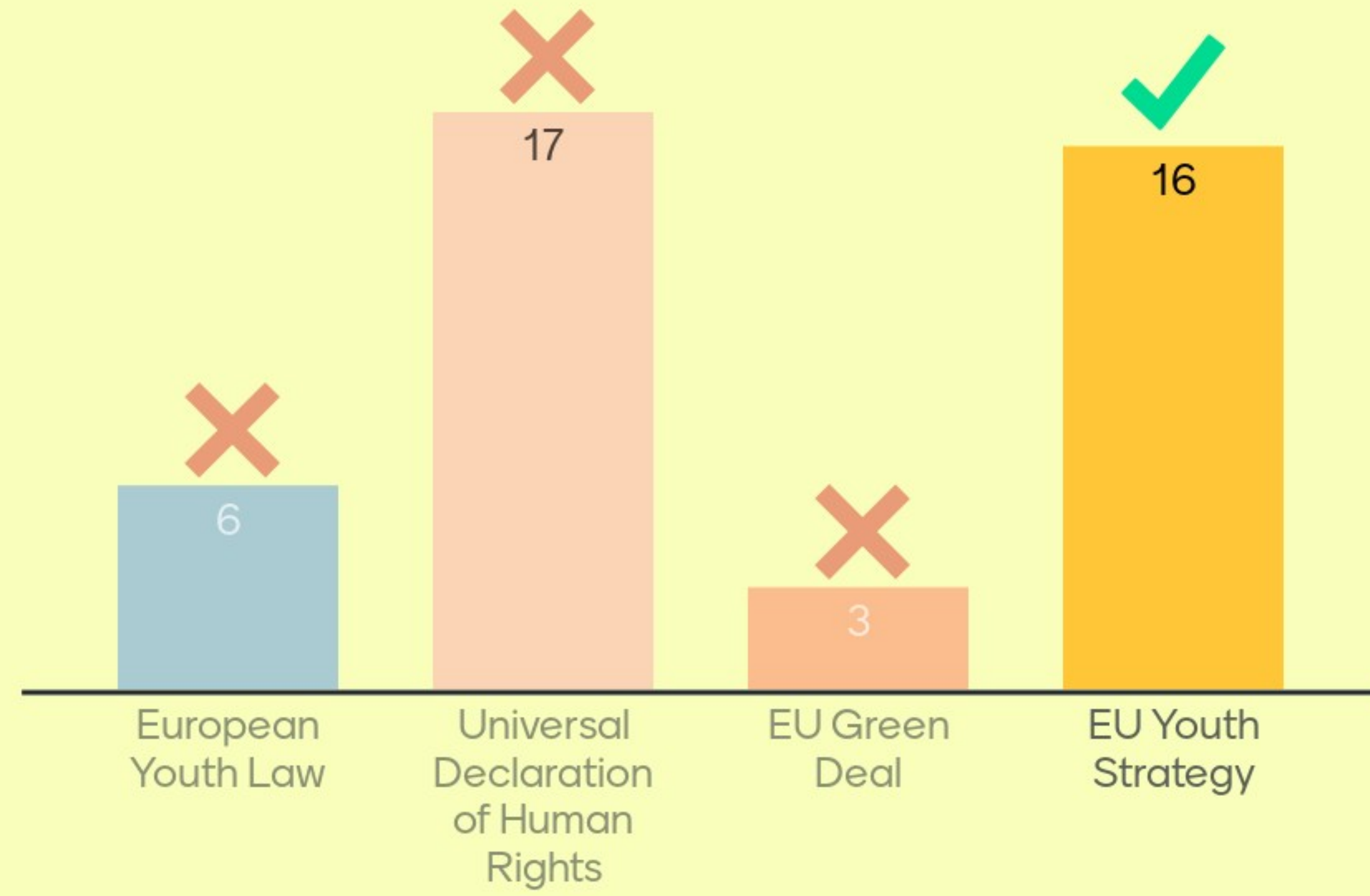


Fostering the \_\_\_ of marginalized groups is a remarkable means to tackle social exclusion.



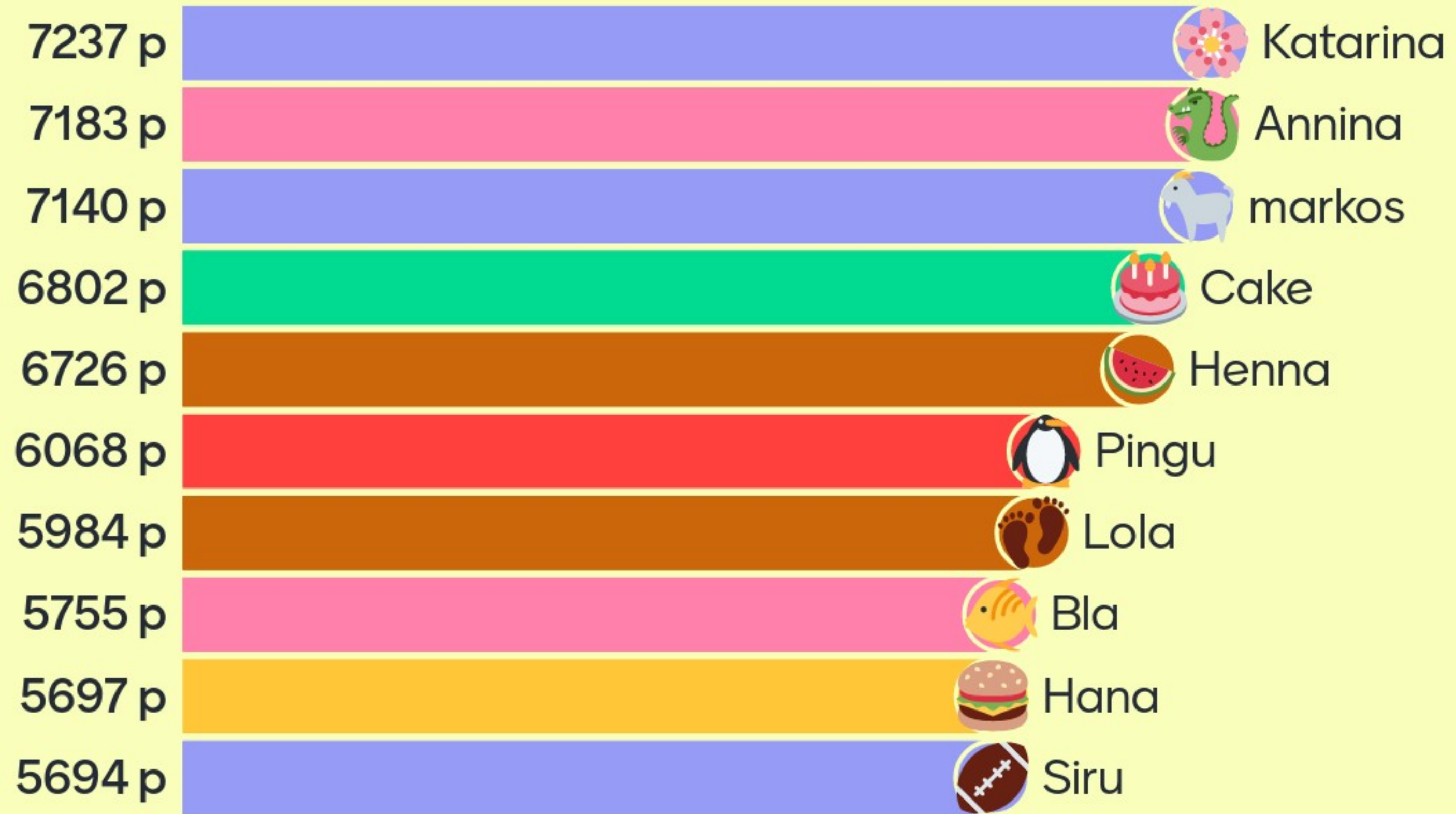


# Promoting social inclusion is also one of the core priorities of the \_\_\_.





# Leaderboard





# Where do you stand?

My colleagues and I know what diversity, equity and inclusion mean.

We have recognized challenges related to promoting social inclusion in our activities.

We have been provided with tips to promote social inclusion in our activities.

We have our own operation models to promote social inclusion.

The amount of immigrants taking part in our activities reflects their presence in the area.

Our activities are physically accessible to all youth.



# Where do you stand?





# World café: Instructions

- There are six good practices, one in each poster corner.
- Choose a poster corner to start from.
- There is time to visit three (3) poster corners.
- Staff members present you the good practices.
- After each presentation, there are questions to reflect on and to share/develop ideas in the groups.
- Write down the main points of your discussions on the papers (“table clothes”).



# World café: Good practices

## Youth Academy

Introduced by hobbies:  
Accessibility manual to  
make free-time activities for  
young people with  
immigrant background  
more accessible

## The Finnish Youth Association

Our doors are open for  
everyone: A guide to more  
inclusive practices in cultural  
youth work

## Tartu Youth Work Center

Accessibility of open youth work:  
Integrating teenagers with visual,  
hearing and mobility impairments in  
Tartu into the activities of youth  
centers with the support of nature  
education

## Le Discipline

Inclusion and active  
citizenship: Citizenship  
Education Group

## Radio R

Enhancing accessibility of  
university extracurricular  
activities for youth in  
difficult situations

## GYIOT

Accessibility of youth councils  
and decision-making processes:  
A guide for running youth  
councils and improving decision-  
making processes



What kind of thoughts does the good practice raise in you?

Do you have anything in mind you would like to add on the good practice?

How would the good practice or parts of it fit to your own work?

Do you have some other similar kind of good practices in mind you would like to share?



# Part 2





# Innovation model

# 1

- The innovation model can be used to create one's own tools to promote social inclusion and accessibility, or it can also be applied to other thematical areas.
- It is based on design thinking methods and the steps offer a systematic approach and structured framework to problem-solving.



# Innovation model

## 2

- You can work individually or in a group
  - Preferably 3-5 participants per group.
- You need paper, (color) pens and time.

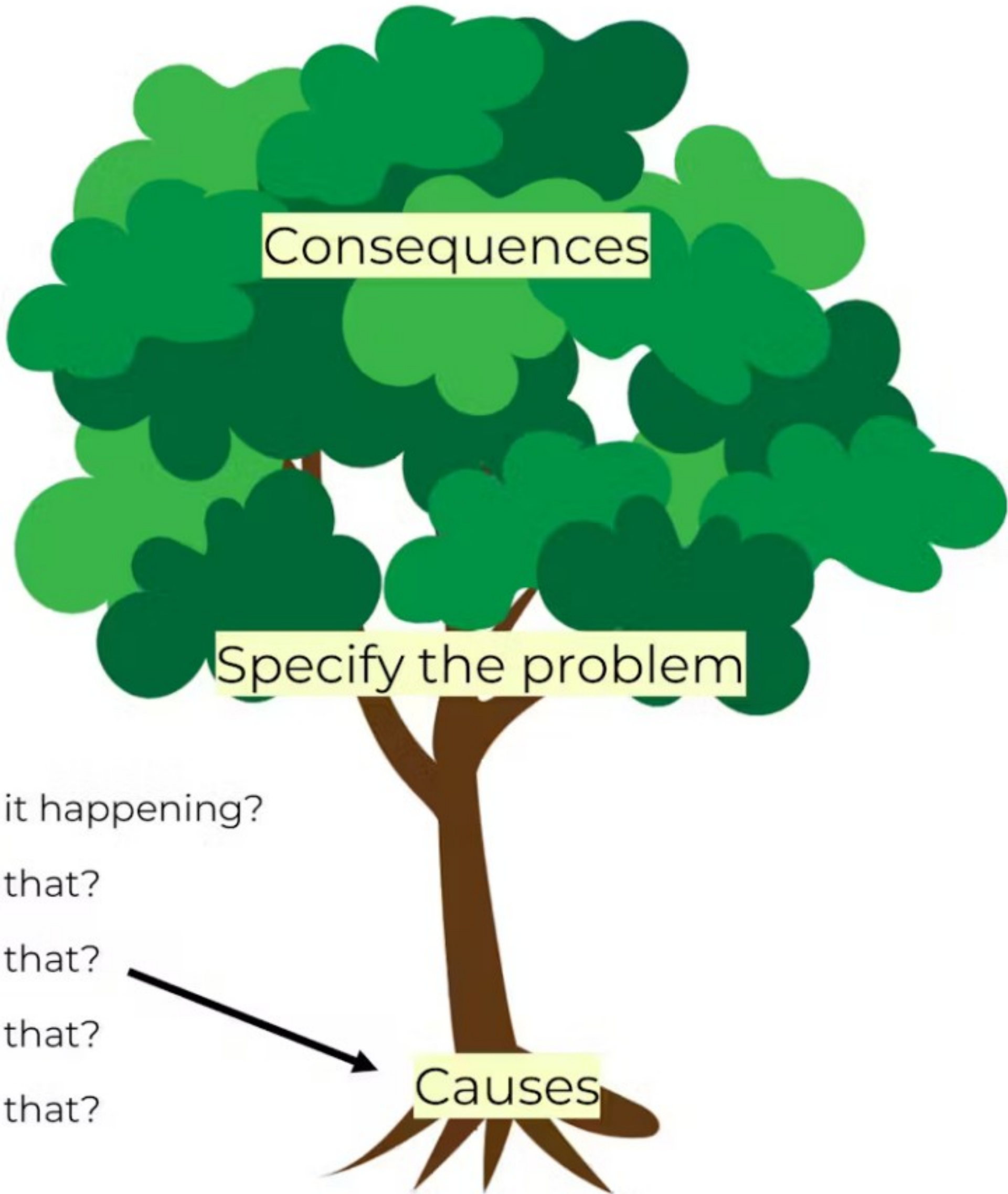


# Innovation model

# 3

- Before starting the process, it is recommended to also conduct a short survey/mapping with relevant beneficiaries about the problem to solve.
- It is also recommended to have feedback rounds with beneficiaries and stakeholders between the different steps of the model. However, these feedback rounds are not included in the simplified version which follows.





Problem tree and five whys





Target group and stakeholders



Basic  
demographical  
info  
Needs?  
Desires?  
Frustrations?  
Challenges?  
Pain points?



Personas







Generating as many ideas as possible to tackle the problem!

- Grouping ideas based on relevance and similarities.
- Defining the pros and cons of each idea to assess its viability.
- Choosing the most promising idea as the foundation for your prototype.

# Brainstorming



Creating a tangible representation of the product or service. This is an iterative process, which means you develop different versions of the prototype little by little (prototype 1, prototype 2, prototype 3).



# Prototype



- Resource Planning
- Activity Planning
- Sustainability Assessment
- Cost Estimation
- Risk Assessment and Mitigation
- Stakeholder Communication



Make it real



Presentation to introduce  
your proposed solutions



Pitch



# World café: Instructions

- There are five tools, one in each poster corner.
- Choose a poster corner to start from.
- There is time to visit three (3) poster corners.
- Staff members present you the tools.
- After each presentation, there are questions to reflect on and to share/develop ideas in the groups.
- Write down the main points of your discussions on the papers (“table clothes”).



# World café: Tools

## The Finnish Youth Association

Plan to hire employees with the right attitude to safer spaces

## Tartu Youth Work Center

Plan to increase the reputation of youth work

## Le Discipline

Plan for creating a safer spaces policy in our organization

## Radio R

Plan to increase motivation and participation level of volunteers inside the organization

## GYIOT

Plan to increase awareness about inclusion and safer space during events and programs in the youth sector



What kind of thoughts does the tool raise in you?

Do you have anything in mind you would like to add on the tool?

How would the tool or parts of it fit to your own work?

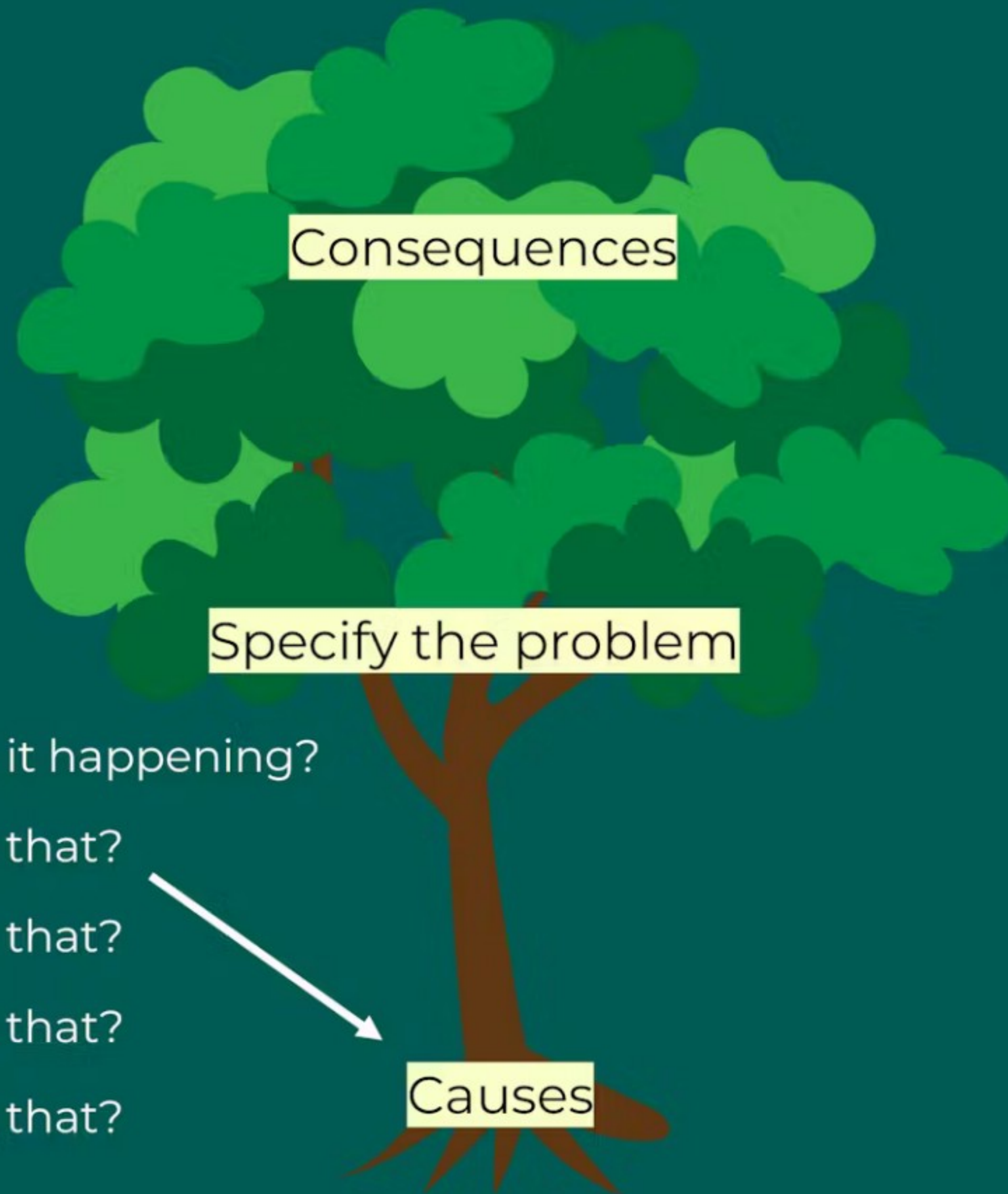
Do you have some other similar kind of tools in mind you would like to share?



Workshop

# Problem tree and five whys

- Start the innovation process by creating a problem tree and answering the five whys.
- Work either individually or in small groups of people preferably from the same organization.





# Project results and materials

<https://nuortenakatemia.fi/en/incon-projectresults/>

